



YOUNG CARERS FUTURES CONFERENCE

IMPROVING LIFE OPPORTUNITIES FOR YOUNG CARERS AND YOUNG ADULT CARERS

A YOUNG CARERS ALLIANCE CONFERENCE HOSTED BY CARERS TRUST

MONDAY 16 OCTOBER 2023, ETIHAD STADIUM, MANCHESTER



Young Carers Alliance

Hosted by
CARERS TRUST

#YCFutures2023

INTRODUCTION

We would like to welcome you to the inaugural Young Carers Futures conference. We're so glad you are attending and we hope you have a memorable time. We are the Co-Chairs of Carers Trust's newly established Youth Advisory Panel, Aymen and Jordyn.

This conference will raise awareness of young carers, the challenges they face and the impact their caring duties have on themselves and the wider community. We hope the conference will achieve widespread societal recognition and understanding of their circumstances which can be a barrier to education, apprenticeships or employment. We want improved awareness of the challenges facing young and young adult carers of all ages. This starts with better understanding of young carers in the curriculum at primary and secondary school, as well as improving recognition of young carers among schools' senior leadership. It also involves supporting young adult carers as they transition into further and higher education or apprenticeships. And of course, we want employers to know how best to support young adult carers and provide the opportunity for them to show the skills they've gained through their caring roles and apply them to the world of work.

Most of all, we want recognition and support for young carers and young adult carers to be the norm moving forward. We want the foundations laid so far to be built upon and to make the most of the opportunities presented by recent policy changes, through increased attention to young carers and discussions today. Let your learning go far and wide, it can have a lasting impact in inspiring young carers to recognise their potential and to reach it.

With warm wishes,



Aymen



Jordyn








ABOUT CARERS TRUST

Carers Trust is the UK's infrastructure charity for local carer organisations and as a national charity works to transform the lives of unpaid family carers of all ages. It partners with its UK-wide network of 126 local carer organisations by providing funding and support, delivering innovative and evidence-based programmes, raising awareness and influencing policy. Carers Trust's vision is that unpaid carers are heard and valued, with access to support, advice and resources to enable them to live fulfilled lives. Last year Carers Trust's network collectively reached over one million unpaid family carers.

Through its Young Carers Futures Programme and its partnership with the Young Carers Alliance, Carers Trust is pioneering work to support young carers with work experience and training opportunities. We work with high-profile brands and employers, including the Civil Service, Quilter and the Body Shop to provide young carers with pathways into work.

If you are interested and want to hear more about our work and to explore partnership opportunities, please email us at **youngcarers@carers.org**. We'd love to hear from you.

-  www.facebook.com/CarersTrust
-  www.twitter.com/CarersTrust
-  www.youtube.com/user/CarersTrust
-  www.linkedin.com/company/carers-trust
-  www.instagram.com/carers.trust

To explore joining the network or to find out more contact **info@carers.org**.

ABOUT THE YOUNG CARERS ALLIANCE

The Young Carers Alliance is a growing network of over 180 organisations and 450 individuals committed to improving the support available for young carers, young adult carers and their families. The Alliance provides opportunities for collaboration, sharing best practice and a strong, collective voice for young carers. You can sign up to be part of the Young Carers Alliance as an individual or as an organisation and can subscribe to the regular e-bulletins. To find out more visit **carers.org/young-carers-alliance/**

CONFERENCE AGENDA

Registration from 09:30

Including collection of name badge with information about your breakout session

10:00	Welcome and introductions from the Co-Chairs <ul style="list-style-type: none">• Kirsty McHugh, Chief Executive, Carers Trust• Jordyn, Co-Chair, Carers Trust Youth Advisory Panel
10:10	A video message from The Rt Hon Gillian Keegan MP, Secretary of State for Education
10:15	Keynote Speaker Session: State of the Nation - Young Carers in the UK <ul style="list-style-type: none">• Professor Saul Becker, Manchester Metropolitan University and Chair, Young Carers Strategic Oversight Group, Carers Trust
10:45	Panel Session: From education through to employability - how do we help young carers fulfil their potential? <ul style="list-style-type: none">• Andrew Baxter, Head of Children in Need Outcomes Policy Unit, Department for Education• Ben Jordan, Head of Policy, UCAS• Gillian Churchill, CEO, Movement to Work• Jordyn, Co-Chair, Carers Trust Youth Advisory Panel• Sara Gowen, CEO, Sheffield Young Carers
11:35	Refreshment break
11:55	Breakouts - Check your name badge for details about registration <ul style="list-style-type: none">A) Supporting young carers in employmentB) Supporting young carers in further education, higher education and trainingC) Young carers and mental health
12:45	Lunch and networking

13:45	Welcome back <ul style="list-style-type: none"> • Kirsty McHugh, Chief Executive, Carers Trust • Aymen, Co-Chair, Carers Trust Youth Advisory Panel
13:50	A message from Bridget Phillipson MP, Shadow Secretary of State for Education
13:55	Keynote Speaker Session: How can we do better? <ul style="list-style-type: none"> • Dame Rachel De Souza, Children's Commissioner for England
14:25	Panel Session: Changing Policy; Changing Lives <ul style="list-style-type: none"> • Barry Fletcher, CEO, Youth Futures Foundation • Paul Blomfield MP, Chair, All-Party Parliamentary Group for Young Carers and Young Adult Carers • Dr Rebecca Lacey, Reader, St George's, University of London • Pooja, All-Party Parliamentary Group Youth Advisor • Andy McGowan, Policy and Practice Manager, Carers Trust
15:15	Refreshment break
15:30	Breakouts - Check your name badge for details about registration <ul style="list-style-type: none"> D) Improving transitions for young carers E) Improving recognition and identification of young carers F) Supporting young carers in schools - A whole-school approach
16:20	Closing remarks <ul style="list-style-type: none"> • Kirsty McHugh, Chief Executive, Carers Trust • Aymen, Co-Chair, Carers Trust Youth Advisory Panel
The Conference will finish at 16:30	

CONFERENCE SPEAKERS

To view the bios for all of our speakers, visit <https://carers.org/young-carers-alliance/young-carers-futures-conference>



Kirsty McHugh

CEO
Carers Trust



Aymen

Co-Chair, Youth Advisory Panel
Carers Trust



Jordyn

Co-Chair, Youth Advisory Panel
Carers Trust



Professor Saul Becker

Pro-Vice-Chancellor for the Faculty of Health and Education, Manchester Metropolitan University.
Chair, Young Carers Strategic Oversight Group,
Carers Trust



Andrew Baxter

Head of Children in Need Outcomes Policy Unit
Department of Education



Ben Jordan

Head of Policy
UCAS



Gillian Churchill

CEO
Movement to Work



Sara Gowen

CEO
Sheffield Young Carers



Dame Rachel de Souza

Children's Commissioner for England



Barry Fletcher

CEO
Youth Futures Foundation



Paul Blomfield MP

Chair
All-Party Parliamentary Group on Young Carers
and Young Adult Carers



Dr Rebecca Lacey

Reader in Social and Lifecourse Epidemiology
St George's, University of London



Pooja

Youth Advisor
All-Party Parliamentary Group on Young Carers
and Young Adult Carers



Andy McGowan






Policy and Practice Manager (Young Carers
and Young Adult Carers)
Carers Trust



To find out more about Carers Trust,
the Young Carers Alliance and our
work with young carers, please email:
youngcarers@carers.org

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