

Improving support for young/young adult carers in Further and Higher Education

The event will start at 1:30pm

@YCAAlliance

@CarersTrust

#UniMentalHealthDay



Welcome and housekeeping

- Ensure microphones are on mute
- We will be recording the session
- Introduce yourself and make use of the chat
- Unanswered questions will be followed up after the event
- Join in the conversation on Twitter –
@YCAAlliance @CarersTrust
#UniMentalHealthDay



Setting the scene

- ❑ 39% of young adult carers struggle to balance caring with school, college or university work
- ❑ 28% say they 'never' or 'not often' get help from school, college or university to balance caring and studying
- ❑ 28% don't have someone at school, college or university they can talk to about being a carer
- ❑ 23% say they 'never' or 'not often' have someone in school, college or university who understands about them being a carer
- ❑ 14% say they 'never' or 'not often' have enough time to spend on studying

"I did get a lot of help while at school... now at college, no one understands or really cares"

Our aim is for every school, college and university to have a young carer/young adult carer lead




Setting the scene

change.org Start a petition My petitions Browse Subscription Log in

Petition details Comments Updates

UCAS: Help carers attend university



Victory
This petition made change with 213 supporters!

Carers: unrecognised and unsupported. You can help change...


[Share on Facebook](#)

[Send an email to friends](#)

[Send a message via WhatsApp](#)

[Tweet to your followers](#)

[Copy link](#)

 [Carol Hayward](#) started this petition to UCAS CEO Mary Curnock Cook and 1 other

Deciding on which university to go to is always stressful, but if you look after someone it can be even harder. Carers are a large, but often unnoticed part of our society, and young adult carers perhaps even more so. UCAS and universities have an obligation to help people, no matter what their background, attend university if they so choose; but if you look after someone there are more barriers to attending university than you might realise.

Caring, or being a carer, means looking after a friend or relative in an unpaid capacity. The type of care you give can vary, from physical, practical or simply emotional support; it's not necessarily long-term or constant, nor do people

Going Higher
in Scotland

supporting
student carers in
higher education

Going Further
in Scotland

supporting
student carers in
further education


carerstrust
Wales
action · help · advice


make
carers
count
370,000
reasons to care
Wales

Supporting Students with Caring Responsibilities:

Ideas and Practice for Universities to Help Student
Carers Access and Succeed in Higher Education
Wales



School Census



 Department for Education

Holly's Story – Part 1

Microsoft Teams

Interview for the HE and carers webinar

2023-02-15 13:56 UTC

Recorded by

Andy McGowan

Organized by

Andy McGowan

Young adult carers & educational attainment in the UK

Rebecca Lacey
UCL

Baowen Xue, Giorgio Di Gessa, Anne McMunn



a Joint Programming Initiative

What is Eurocare?

Group of researchers from the UK, Germany, Norway and Spain

Aim is to investigate:

- **inequalities** in employment, social participation and health between carers and non-carers,
- as well as gender, socioeconomic and ethnic differences **in the social, economic and health consequences of caring across European countries.**

Adopting a **life course perspective**, to focus on the consequences of young adults providing care, alongside those providing care in mid- and later-life.



Focus of today

- Do young adult carers have reduced educational attainment compared to their peers who are not carers?
- Which groups of young adult carers might be most affected?



Young Adult Carers (YAC)

Becker & Becker (2008)

“People aged 18-24 who provide or intend to provide care, assistance or support to another family member on an unpaid basis.”

Different age ranges have been used for identifying YACs (S. Becker & Sempik, 2019; Dellmann-Jenkins et al., 2000; Fruhauf & Orel, 2008; Young et al., 2006)

Here, we consider YAC to be young adults **aged 16-29**



Young Adult Carers (YAC)

- Young adult caring occurs at a time seeking to complete compulsory **education** and establish themselves in the **job market**. Both immediate and longer-term effects given the **key transitions** generally made in this life stage.
- YAC **juggle academic demands and caring responsibilities**.
- Only a few studies on the influences of young adult caring on educational attainment (Kettell, 2018; Day, 2019; Cass et al., 2009). Qualitative or cross-sectional in small samples of carers.



UK Household Longitudinal Study (UKHLS)

- “Understanding Society”
- Household panel study, running since 2009
- Nationally representative of UK households
- All adults aged 16+ interviewed annually
- 11 waves of data available (2009-2020)



Info on caring in the UKHLS

“Is there anyone living with you who is sick, disabled or elderly whom you look after or give special help to (for example, a sick, disabled or elderly relative/husband/wife/friend etc.)?”

“Do you provide some regular service or help for any sick, disabled or elderly person not living with you?”

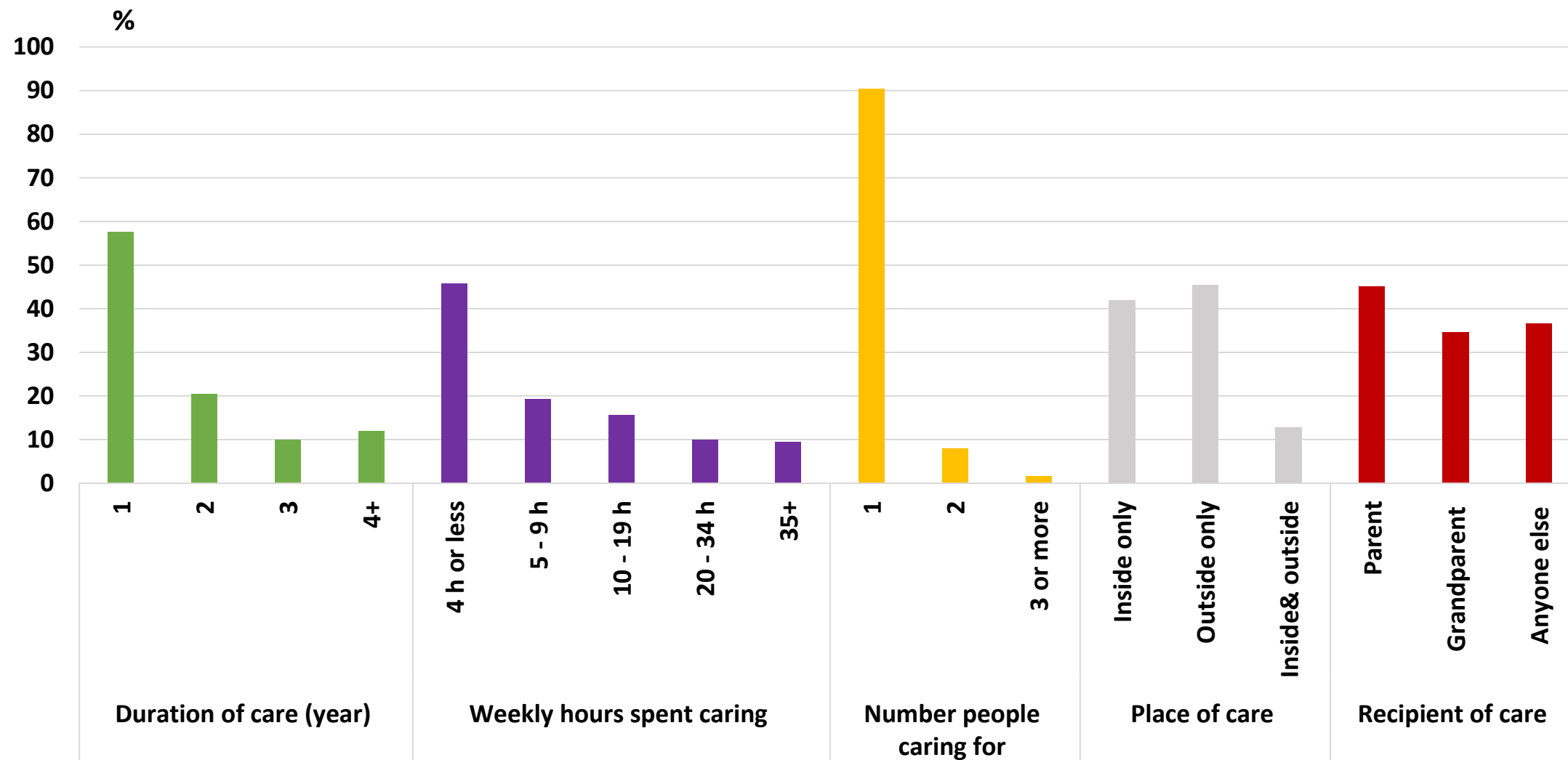
Plus:

- Weekly hours spent caring
- Number of people caring for
- Relationship to care recipient
- Place of care (inside or outside the household)
- Age of carer
- Duration of care

~8.5-9% of young adults
aged 16-29 years were
carers

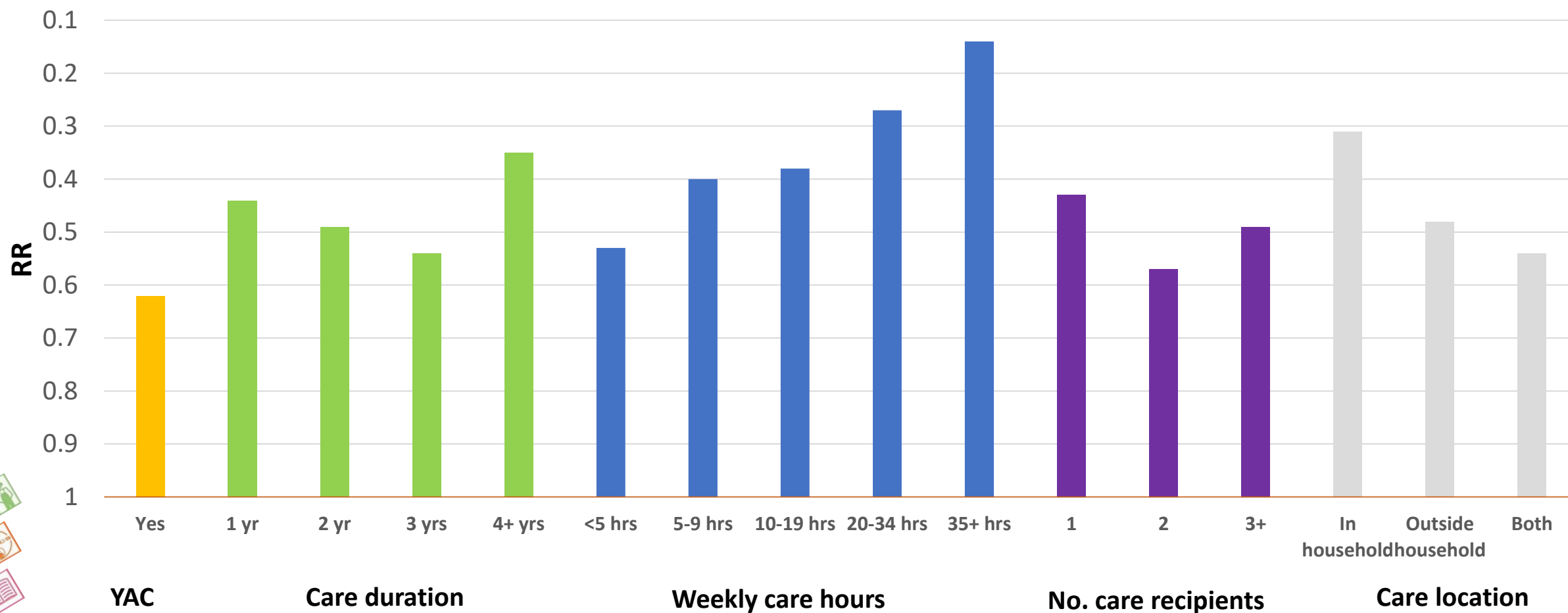


Caring characteristics among YAC



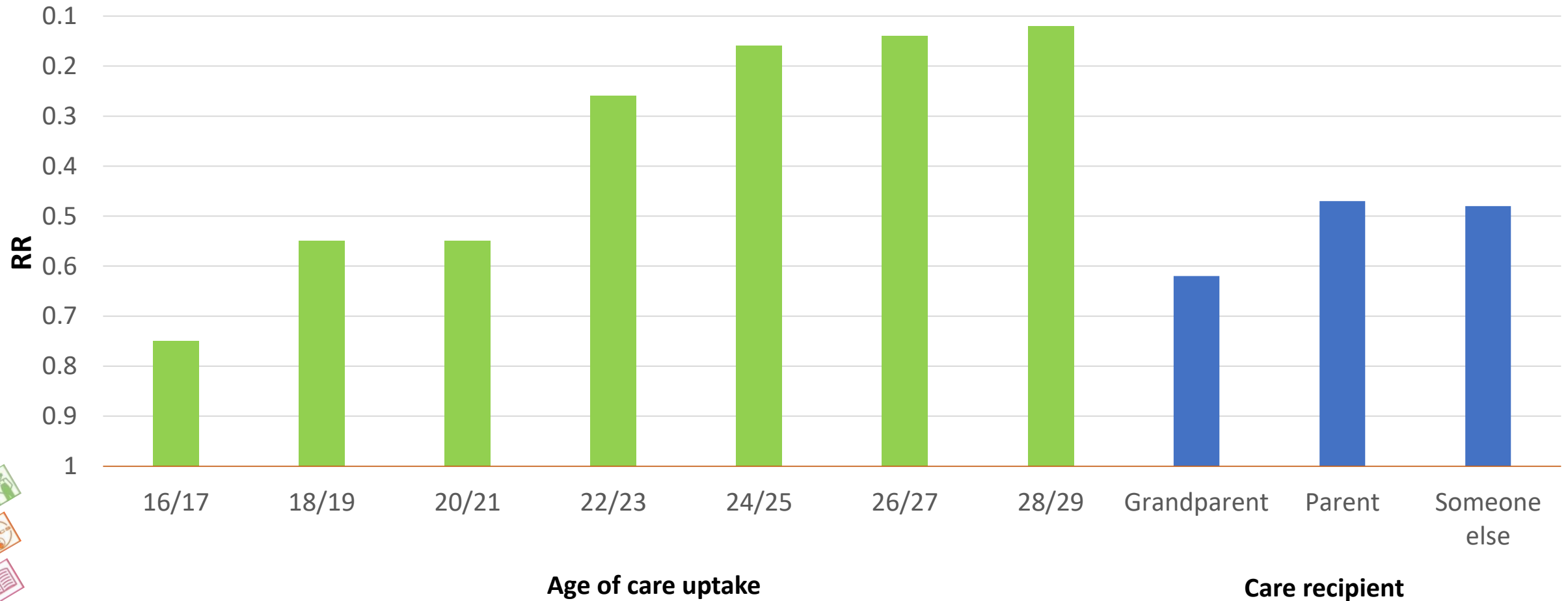
UKHLS data (2009-2019)

Young adult caring & chances of obtaining a university degree



Data include those aged **16-29** in UKHLS 2009-2019. All analyses were weighted and adjusted for sex, ethnicity, mother and father's occupational class, mother and father's education, household income and # waves observed

Young adult caring & chances of obtaining a university degree



Data include those aged **16-29** in UKHLS 2009-2019. All analyses were weighted and adjusted for sex, ethnicity, mother and father's occupational class, mother and father's education, household income and # waves observed

Summary

- Young adult carers were less likely to obtain a university degree than their peers
- Especially if providing more intense care & had been a young adult carer for a few years
- Weekly hours spent caring are negatively associated with the likelihood of obtaining a degree qualification
- For young adult carers who get a degree, it seems to buffer the effects of caring on work opportunities



Implications

- Important to identify & support young carers in schools (ie via School Census)
- Welcome the introduction of young carer identification on UCAS forms – important that information is passed on to universities
- Need to better understand barriers & support for retaining young & young adult carers in education



Going Higher and Going Further for Student Carers (Scotland)

**Paul Traynor, Head of External Affairs, Carers Trust
Scotland**

- Carers Trust Scotland estimates that there is 30,000- 35,000 unpaid carers attending College or University in Scotland
- Following research undertaken by Carers Trust, we found that student carers were **four times** more likely to drop out of Higher Education than those without caring responsibilities.
- The [*Bridging the Gap: Young Adult Carers in Scotland*](#) report highlighted recommendations for improved identification and support for student carers.
- The Going Higher campaign which was launched in 2015, aimed to raise awareness of young adult carers and the issues they experience. It highlighted the extremely challenging conditions endured by student carers that negatively impacted on them being able to enter, sustain and meet their true potentials in Higher Education in Scotland.

- In April 2017, the Going Higher for Student Carers Recognition Award was launched. The Award consists of three separate principles. To gain the award universities need to demonstrate that they are fulfilling and championing the following three principles:

Identify: Carers are being proactively identified and awareness is being raised throughout the university.

Support: Carers are being supported to give them a fair chance to be successful in their studies.

Report: Student carer progressions are showcased and evaluation tools are used to celebrate achievements and make improvements.

- The award is points based and in order to gain the award an institution must demonstrate that it has achieved 70 points, which is 70% of the total criteria points (100 points) available for the award. No cost to apply and complete
- Direct support from Carers Trust Scotland
- Clear guidance to develop student carer support.
- Raising awareness of students with an unpaid caring role.
- Encourages partnerships
- Recognises and celebrates good practice.
- **12 out of 19 of Scotland's Universities have currently achieved the Going Higher Award.** [goinghigherforstudentcarersrecognitionawardtoolkit.pdf](#)



- In March 2019 thanks to funding from the Scottish Funding College, the Going Further for Student Carers Recognition Award for colleges in Scotland was launched.
- It follows the same principles and pathway as the Going Higher award.
- Out of Scotland's 27 colleges, 7 have achieved the Going Further Award.
- Though having achieved the award the University of Highlands and Islands Student Carer policy is also applicable to their 13 college partners. **This means we have a total 19 colleges who currently have Student Carer Policy in place**

[going-further-for-student-carers--recognition-award-toolkit.pdf](#)

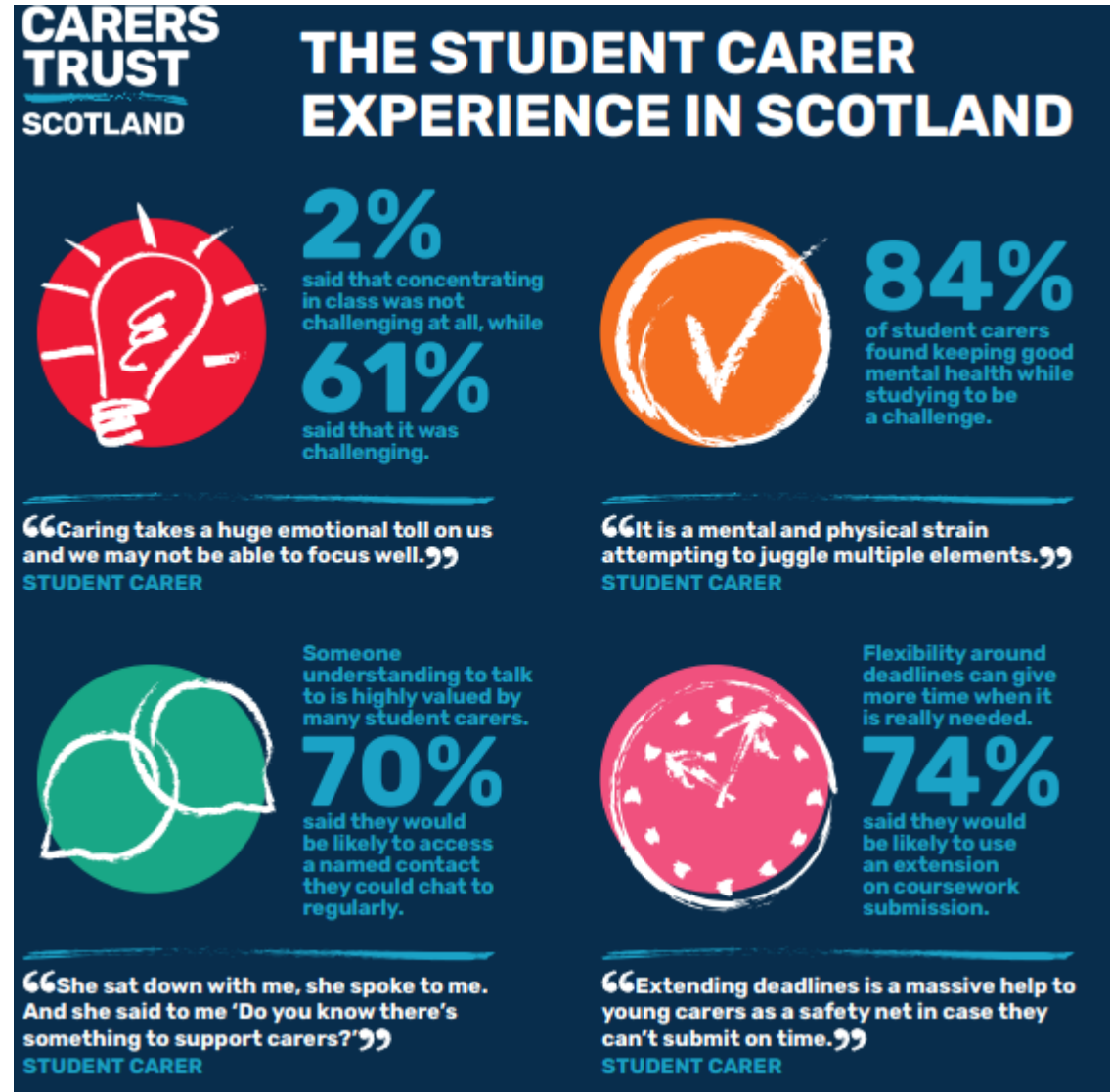
- Carers Trust Scotland teamed up with Open University Scotland along with student carers, and practitioners from University of Stirling, Heriot-Watt University and Glasgow Caledonian University to use funding from Scottish Funding Council to create a free online learning course for university staff. This enables staff across Scotland's universities to identify, support and report students who have unpaid caring responsibilities.
- [Carer Aware at University](#) is a free online module available to all staff working in Scotland's universities who have an Open University Open Learn account. The course will provide opportunities to reflect on the challenge's students with unpaid caring responsibilities face, the impact on their education, and the important role they can have in supporting them at university.
- We have created free downloadable posters for university staff to use across their campuses to raise student carer identification and to increase awareness of the support available to their existing and prospective student carers at university:

- Carers Trust Scotland and College Development Network (CDN) developed Supporting Student Carers at College, a free digital training module for all college staff across Scotland, thanks to funding received by The Scottish Funding Council.
- The module helps college practitioners to better understand the challenges faced by many student carers, and it provides guidance on how to improve support for these students at college.
- We also created free downloadable posters for college staff to use across campus to raise student carer identification and to increase awareness of the support available to your student carers at college:

[Resources for College and University Staff \(Supporting Student Carers\) - Carers Trust](#)

In 2020, The Student Carer Experience in Scotland research was launched. The research made a series of recommendations to help support student carers in Scotland.

Student Carer Research - Carers Trust



Thank you!

ptraaynor@carers.org

Any questions?



@YCAAlliance

#UniMentalHealthDay



Comfort Break



@YCAAlliance

#UniMentalHealthDay



Next Steps: What is the experience of young adult carers in education?

Holly Brown – Policy Adviser

Emily Bennett-Cox – Lead Data Scientist, UCAS

Nicola Turner – Senior Fair Access Adviser

UCAS



UCAS

NEXT STEPS:

WHAT IS THE EXPERIENCE
OF STUDENTS FROM
A CARE BACKGROUND
IN EDUCATION?

In collaboration with

Unite
Foundation



UCAS

NEXT STEPS

WHAT IS THE EXPERIENCE
OF DISABLED STUDENTS
IN EDUCATION?

In collaboration with

Pearson



NEXT STEPS

WHO ARE THE
'FUTURE NURSES'?



UCAS

WHERE NEXT?

WHAT INFLUENCES THE
CHOICES INTERNATIONAL
STUDENTS MAKE?

CollegeBoard



myrad
by UCAS

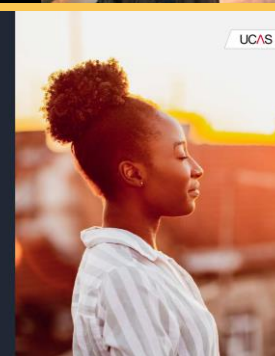
WHERE NEXT?

THE EXPERIENCE OF
INTERNATIONAL STUDENTS
CONNECTING TO UK
HIGHER EDUCATION



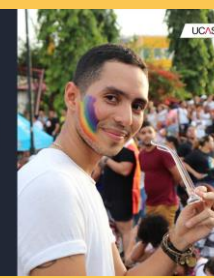
STARTING THE CONVERSATION

UCAS REPORT ON
STUDENT MENTAL HEALTH



NEXT STEPS

WHAT IS THE EXPERIENCE
OF LGBT+ STUDENTS IN
EDUCATION?



WHERE NEXT?

IMPROVING THE
JOURNEY TO
BECOMING AN
APPRENTICE



WHERE NEXT?

What influences
the choices school
leavers make?



WHERE NEXT?

WHO DOESN'T PLAN
TO START A FULL-TIME
UNDERGRADUATE
DEGREE IN AUTUMN?



WHAT HAPPENED TO THE COVID COHORT?

Lessons for levelling up
in 2021 and beyond



UCAS

[www.ucas.com/
about-us/
news-and-insights/
ucas-reports](http://www.ucas.com/about-us/news-and-insights/ucas-reports)

UCAS

NEXT STEPS:

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NEXT STEPS

WHO ARE THE
'FUTURE NURSES'?



NEXT STEPS

WHAT IS THE EXPERIENCE
OF LGBT+ STUDENTS IN
EDUCATION?



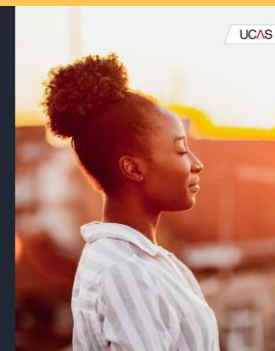
UCAS

Next Steps: What is the experience of young adult carers in education?

- UCAS 2023 applicant data
- Survey data
- Comparison to third-party research and national data
- Identification of hidden or potential barriers
- Recommendations for organisations across the sector

STARTING THE CONVERSATION

UCAS REPORT ON
STUDENT MENTAL HEALTH



Read all our reports here:
www.ucas.com/about-us/news-and-insights/ucas-reports

What the data shows

A preview of our research into young adult carers

The number of UK applicants sharing their status as a young adult carer

UCAS

- 4% of those who applied by the October deadline
- 5% of those who applied by the January deadline

Proportion of young adult carers among January deadline applicants by country of domicile



England

Northern Ireland

Scotland

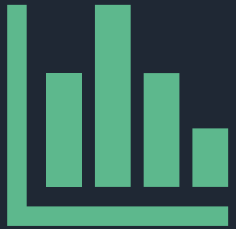
Wales

How is UCAS supporting young carers?

Our work to support disadvantaged and under-represented students

The Fair Access Programme: strategic objectives

UCAS



1. Transform your understanding of students through new questions, data and insight



2. Bring the hardest to reach students to you, earlier



3. Help you understand what works in widening participation and access



4. Help bring schools, colleges and universities closer together



5. Remove barriers and inspire students

Challenges lay ahead

An additional
300K
applicants by 2030

Continued impact of
Covid-19
on pre-HE attainment
and mental health

The
cost of living
remains a barrier for
disadvantaged students

The
NHS crisis
will disproportionately
impact carers and
families

If you are supporting someone with their application

UCAS

www.ucas.com/advisers/toolkits/adviser-toolkit-supporting-students-individual-needs

Advisers / Toolkits

ADVISER TOOLKIT: SUPPORTING STUDENTS WITH INDIVIDUAL NEEDS

Explore this section

For some students, their individual circumstances can have a significant impact on their decision to apply to university or college on their experience when they are there.

To make sure all your students feel informed and prepared at each stage of their application journey, we've worked with expert organisations to bring together practical tips and useful resources for those who are advising students about their next step.

In this guide, you will find practical information on how to support the following groups:

- 1 Disabled students (including long-term illnesses and learning differences)
- 2 Students with mental health conditions
- 3 Care-experienced students
- 4 Students estranged from their parents
- 5 Refugees, asylum seekers, and those with limited leave to remain in the UK
- 6 Students with caring responsibilities
- 7 Students with parenting responsibilities
- 8 Children from UK Armed Forces families (Service children)
- 9 UK Armed Forces veterans and Service leavers
- 10 Students eligible for free school meals (FSM) – adviser FAQs

As part of our ongoing commitment to widening access and participation for all students, regardless of their background or circumstances, we are introducing new questions into the application for the 2023 cycle, from 17 May 2022 onwards, to help these students flag their circumstances to their university or college.

For more information, visit our [FAQs page for advisers](#) and the 2023 UCAS Adviser Toolkit.

Advisers / Toolkits / Adviser toolkit: Supporting students with individual needs

SUPPORTING STUDENTS WITH CARING RESPONSIBILITIES

Explore this section

A carer is anyone who has a commitment to providing unpaid care to a family member or friend who could not cope without their support. This may be due to illness, disability, a mental health issue, or substance misuse.

What's on this page?

- Pre-application and research phase
- When they're applying
- Post-application
- During Confirmation and Clearing
- Preparing for the transition to university or college
- For more support

Pre-application and research phase

- Identify students who have caring responsibilities (the pastoral team in your school or college may be able to help with this). Flag that support is available, including practical support and financial assistance.
- Signpost students to more information and advice - the Carers Trust website (I) and information on [ucas.com](#) are good starting points.
- Be mindful that not all students with caring responsibilities will be known to the school or college.

Sign up for the Fair Access Bulletin:
www.ucas.com/forms/widening-participation-webform

BE THE FIRST TO HEAR ABOUT VACANCIES BY SUBSCRIBING FOR SMART ALERTS!

INTERESTED IN APPRENTICESHIPS? >

YOUR HUB

0%

Your **to do list**
Open to do list >

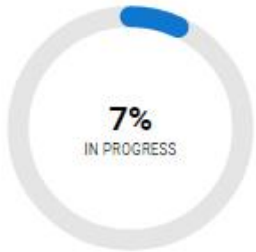


Your **preferences**
Update for a better experience >

1

Your **notifications**
Open notifications >

YOUR 2023 APPLICATIONS



CONTINUE APPLICATION

+ Add application

FAVOURITES

TOP 5 COURSES UNI & COLLEGES LOCATIONS SUBJECTS PAGES

♥ Add favourite course to top 5

♥ **English**
University of Gloucestershire

♥ Add favourite course to top 5

♥ Add favourite course to top 5

♥ Add favourite course to top 5

VIEW ALL FAVOURITES



Top of its class.

Save 10% on MacBook Pro for University and get £75 credit to spend on accessories.

krccs Your local Apple expert >

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Learn more >

UCAS

Advertisement. Why the ads?

TARIFF POINT CALCULATOR

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VIEW SAVED

YOUR EVENTS

Search events

AT YOUR FAVOURITE UNIS

Middlesex University - Undergraduate
Open Day 8th October
8 Oct 2023, 09:30 | Hendon

EXPLORE YOUR FUTURE

Search for courses

COURSES FOR YOU RELATED SUBJECTS UNI & COLLEGES APPRENTICESHIPS BITE SIZE



View 164 courses at your favourite uni & colleges

View 759 courses at your favourite locations



View 34 courses at your favourite uni & colleges

View 631 courses at your favourite locations



View 47 courses at your favourite uni & colleges

View 863 courses at your favourite locations

Suggestions are based on your favourites

GO AND EXPLORE >

UCAS

The UCAS Hub

The UCAS hub offers a personalised dashboard:

- Explore options – careers, pathways
- Quizzes to help decisions
- To do list
- Dates and deadlines
- Personal statement builder
- Profile and application
- Find and shortlist courses and unis
- Events and open days
- Hub live events and recordings

Student-facing information and advice

The collage features several overlapping screenshots from the UCAS website and a blog post. The top-left screenshot is a blog post titled "MY EXPERIENCE AS A CARER APPLYING TO HIGHER EDUCATION" by UCAS, dated Friday 10 January 2020. The top-right screenshot is a UCAS page titled "UNDERGRADUATE: INDIVIDUAL NEEDS" with a sub-header "STUDENTS WITH CARING RESPONSIBILITIES". The bottom-left screenshot is a UCAS page titled "Personal statement for carers". The bottom-right screenshot is a UCAS page titled "What experience may be missing?". The middle-right screenshot is a UCAS page titled "Do I have to give information about caring responsibility?". The bottom-center screenshot is a UCAS page titled "Where can I get more information about applying to university as a carer?". The bottom-left screenshot is a UCAS page titled "I am (or have been) in care - is this the same thing?". The bottom-right screenshot is a UCAS page titled "I am a parent - does this count as a caring responsibility?". The bottom-center screenshot is a UCAS page titled "How is information about caring responsibilities used?". The bottom-right screenshot is a UCAS page titled "Should I mention my caring role in the personal statement?".

MY EXPERIENCE AS A CARER APPLYING TO HIGHER EDUCATION
Friday 10 January 2020, UCAS advice by UCAS

UNDERGRADUATE: INDIVIDUAL NEEDS
Explore this section

STUDENTS WITH CARING RESPONSIBILITIES
Explore this section

Many universities and colleges have initiatives or support programmes in place to help students with care responsibilities.

MY EXPERIENCE AS A CARER APPLYING TO HIGHER EDUCATION
Friday 10 January 2020, UCAS advice by UCAS

Personal statement for carers
If you're a carer you'll have lots of additional skills and strengths that are highly valued in higher education.

We've worked with Carers Trust and course providers to help you identify your key strengths. Highlighting these in your personal statement is key, as they'll make up for any experience missing due to your caring responsibilities.

Do I have to give information about caring responsibility?
No - it is entirely optional to give this information - you do not have to let the university or college know if you don't want to. However, we recommend that you do, as this can understand the context of your achievements and make sure you're not disadvantaged.

Where can I get more information about applying to university as a carer?
Find out more about applying to university if you're a carer.

I am (or have been) in care - is this the same thing?
No. This question is for someone who provides unpaid care to a family member or friend.

I am a parent - does this count as a caring responsibility?
No. There's a separate question on the application to let the university or college know you have parenting responsibilities for a child aged 17 or under.

How is information about caring responsibilities used?
This information is shared (securely) with those who are responsible for supporting you at university or college (e.g. the student services team).

Should I mention my caring role in the personal statement?

What experience may be missing?
If you have caring responsibilities, you may find it difficult to do certain activities, like after-school clubs, local societies or gain work.

www.ucas.com/undergraduate/applying-university/individual-needs/students-caring-responsibilities

UCAS

Good practice for HE providers

HE PROVIDER GOOD PRACTICE BRIEFING FOR STUDENTS WITH CARE RESPONSIBILITIES

This good practice briefing is written for staff working in universities and colleges and supports the introduction of the new UCAS flag to identify students with caring responsibilities from 2023 entry. We have worked with the Carers Trust to outline the common challenges for these students, share examples of good practice being done around the UK to improve access to and success in higher education, and provide considerations ahead of the new question.

What's on this page?

- [Who are carers?](#)
- [The UCAS application](#)
- [Three key challenges for student carers](#)
- [Considerations ahead of the introduction of the new question](#)
- [Examples of good practice and support for carers](#)
- [Useful links and support for providers](#)

If you're a student, please visit our information and advice page for students with caring responsibilities.

If you're a teacher, adviser or parent, our adviser toolkit contains practical tips and advice on supporting students with caring responsibilities

www.ucas.com/providers/good-practice/emerging-cohorts/care-experienced-students

Thank you

Any questions?

UCAS





NORTH EAST
RAISING ASPIRATION
PARTNERSHIP

Supporting Young Carers into

Higher Education

Anna Walpole, NERAP Project Coordinator



What is NERAP?

- A source of Higher Education information for young people
- Collaboration of the 5 universities in the North East
- Ensuring every young person has fair access to education
- Engage. Inform. Inspire.



CHOICES TOGETHER

What is it?

Discover all about being a university student and what Higher Education can offer you!

Exciting on-campus events with personalised support sessions

Meet new friends!



CHOICES TOGETHER

Who is it for?



You must be aged between 11 and 18, and be a young carer or a care-experienced young person.

How much is it?



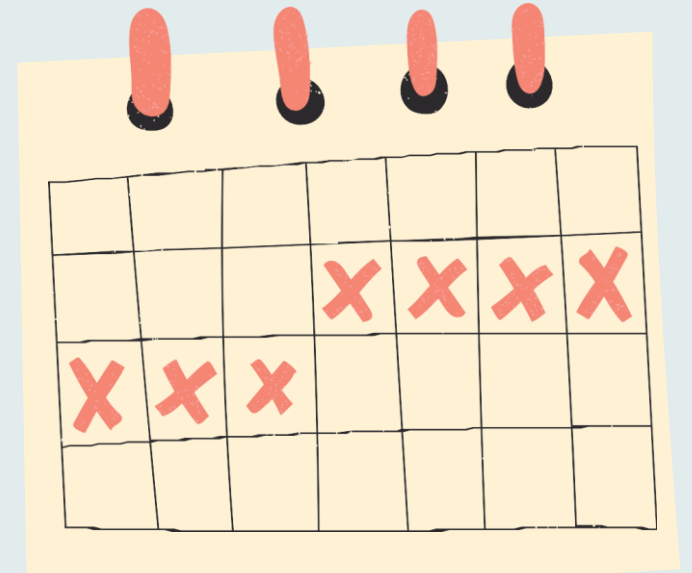
The activities and sessions are all completely FREE!

CHOICES TOGETHER

When is it?

Sessions will begin in September and run until July.

You will be given a personalised timetable with exact dates once you have signed up to the programme.



Choices Together 22/23 - Our year so far!

Total Young Carers:

61



- North Tyneside
- Sunderland
- Northumberland
- Hartlepool
- Durham
- Newcastle
- Stockton-on-Tees
- Gateshead



Choices Together 22/23 - Our year so far!



Choices Together 22/23 - Our year so far!



Choices Together 22/23 - Our year so far!

"I feel these sessions are invaluable... (a) wonderful opportunity"

"Really fun day. Informative and inspiring."

"The exposure to the different careers is amazing"

"Thank you so much to everyone for giving my child such a great experience."

Parent/carers of young people

Choices Together 22/23 - Our year so far!

"A really enjoyable day!"

"The people here are very nice and help you out when you are struggling"

"My favourite part is making friends"

Young person

Further support for Young Carers

- Bespoke Sessions
- Mini Guide Publication
- Collaboration with YC networks



nerap.ac.uk



@NERAP_Team



info@nerap.ac.uk



Study Higher Young Carers On Tour

Jess Hill & Gabriella Gabriel
Higher Education Liaison Officers

Study Higher

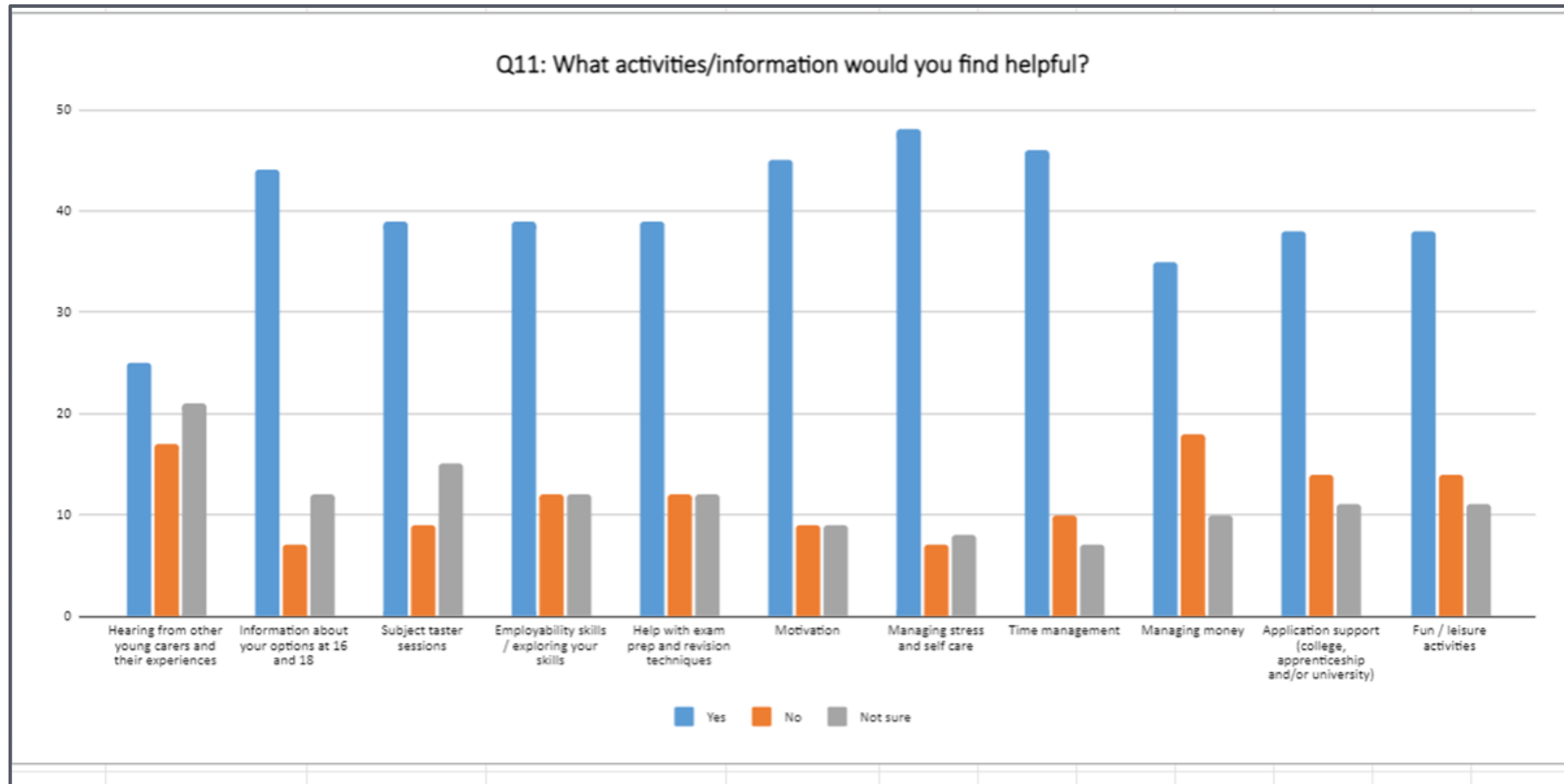


Study Higher is a partnership of Higher Education providers in Swindon, Buckinghamshire, Oxfordshire and Berkshire



We help students aged 11-18 to achieve their potential and make informed choices about their future

- Online survey sent to young carers via schools and carer services across Study Higher regions
- 63 responses received
- Survey questions asked about the impacts of their caring role on their education, their current plans for the future and what activities they'd find useful
- ⑩ Responses shaped the content and plans for the programme





- Fed back survey responses and set up up regular meetings with regional carer services to gain information / bigger picture
- Covid challenges - hybrid event: webinar series, virtual residential and visit to Buckinghamshire New University
- 5 young carers at our first in-person event in July 2021

Ways of working

- First year focused on university HE options and visits to partner universities - which is why they're on tour!
- This year, the programme developed to also consider transferable, soft and social skills and how these can be applied to FE / HE, apprenticeships, employment and other areas of their lives.
- Events often take place at partner universities even if not fully university focused, as easier to secure venue space. This and working with Student Ambassadors, has been a positive and easy way of involving HEIs.
- Events take place on a Saturday which works well and means YCs can attend without impacting on school / college.
- Continuing to source match funding / seek financial support / attend collaborative events from university partners and other organisations such as Carers Trust and YCDT.
- Creating a sense of community has been essential to the success of the programme.



Examples of activities



July

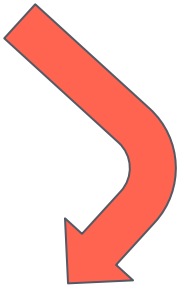
Virtual residential & in person visit to BNU

Visit to Oxford Brookes

Visit to University of Reading

Visit to University of Oxford & Natural History Museum

August 2022
3 Day Residential at BNU. Creative respite, London theatre visit, support from Ravensbourne & UCA



July 2023

Residential at RAU

Visit to Uni of Reading

YCDT YAC Aspirations Conference Uni of Bath

March 2023

Webinar series - uni student carers & apprentices

Carers Trust x Movement to Work event

Cotswold Wildlife Park & employer insight

Nov 2022

Visit to Uni of South Wales

Visit to Oxford Brookes

- Q&As with young carer student ambassadors
- Creative themed 3 day, 2 night residential at Buckinghamshire New University - including taster sessions, visiting multiple HEIs, creative respite and a theatre trip
- Webinars - YC rights, subject tasters and hearing from university student carers and apprentices
- University life/Finance talks - including young carer specific information
- Subject taster sessions and skills based workshops
- Educational bus tours
- Museum workshops
- Cotswold Wildlife Park - employer insight days
- Carers Trust Focus Group



Young carers are asked pre-event survey questions as part of event registration forms and complete surveys / evaluation after each event.



Impacts that the young carers have identified for themselves throughout the programme:

- Being able to engage with people similar to my situation and making the most out of my experience
- Learning about teamwork with different types of team building activities
- Meeting new people and making new friends
- Relating to student ambassadors and learning about university costs and how / what I need in the future
- Learning new things, enjoying myself, having a break and having fun
- Learning to be away from home and being away from my caring role
- All of the helpful conversations - it really opened my eyes

Number of young carers engaged since July 2021:
75
Number of young carers who've attended more than one event:
31 (41%) (as of end of Feb 2023)
Number of YCs in email database: (meaning they have expressed interest in an event but may not yet attended one):
114

What else they've said!



"I loved the experience and felt it was really beneficial for me."

"It was an excellent day with great insights of what it involves. All of the staff were excellent, including the student ambassadors and the lecturer."

"I gained more knowledge and more confidence"

"I really want to come to university now - just mainly from Ben's talk and what he said. It made me realise I could actually do it if I tried and put myself first."

"This type of visit is so important for young carers, as their home life responsibilities can make higher and further education seem a remote dream."



Holly's Story – Part 2

Microsoft Teams

Interview for the HE and carers webinar

2023-02-15 14:11 UTC

Recorded by

Andy McGowan

Organized by

Andy McGowan

**Any
questions or
comments?**

@YCAAlliance

#UniMentalHealthDay



Thank you for attending

Upcoming Young Carers Alliance webinars



[Young Carers Alliance \(hosted by Carers Trust\) Events | Eventbrite](#)

Tuesday 25 April, 11am-12pm – Roundtable – young carers and employability

Thursday 11 May, 2-5pm – Young carers from under-represented backgrounds

Thursday 22 June, 1-4pm – Transitions – Opening up opportunities for young adult carers

Wednesday 12 July, 10am-1pm – A whole-family approach to supporting young carers

Thank you

To find out more about the Young Carers Alliance or become a member/subscribe to updates



www.youngcarersalliance.org



youngcarersalliance@carers.org



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