

# Get involved and Shine!



## Always energetic...

Break a sweat with a 24-hour hill hike, Strictly Come Dance-athon or sponsored fun run.

## Host with the most!

Throw a cocktail evening, a sparkling charity ball or live auction.



## Play to win...

Challenge your friends to a pub quiz, bridge tournament or video game marathon.



## Whizz in the kitchen!

How about a bake off, potluck dinner or Come Dine With Me challenge?



## Style guru!

Get out your glad rags for a swap shop, fashion show or pamper night.



## Dust off your trainers...

Run, swim, ride or trek! Choose from one of our many challenge events



## Feeling brave?

Go bold with a sponsored head shave, skydive or bungee jump.



## Show us your creativity!

Show off your skills with an arts and crafts sale or fancy dress party.



## Seasonal silliness!

What's happening soon? You could do anything from an easter egg hunt, to a eurovision sweepstake - a summer stroll or a santa dash! Take your pick!



Turn over for more fantastic fundraising ideas....



[shinecharity.org.uk](http://shinecharity.org.uk)

# More fundraising ideas

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Abseil Auction Afternoon tea	Bake sale Bingo Birthday party	Car boot sale Comedy night Cycling challenge	Dance/Disco Darts match Dog walking
<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>
eBay sales Egg & spoon race Endurance	Five-a-side footie Fashion show Film night	Guess the weight Games night Golf day	Head shave Hour of pay Halloween party
<b>I</b>	<b>J</b>	<b>K</b>	<b>L</b>
It's a knockout Italian dinner party International day	Jewellery making Jumble sale Joke-a-thon	Karaoke Knitathon Keep fit workout	Loose change pot Lunch and learn Ladies day/night
<b>M</b>	<b>N</b>	<b>O</b>	<b>P</b>
Murder mystery Mad hatters Mile of coins	Night in Non uniform day Nature trail	Open garden Office olympics Odd jobs	Personal challenge Pamper evening Plant sale
<b>Q</b>	<b>R</b>	<b>S</b>	<b>T</b>
Quiz Quit something Quilt and sew	Raffle Race night Read-a-thon	Sweepstake Sweets in a jar Sponsored silence	Treasure hunt Tombola Tuck shop
<b>U</b>	<b>V</b>	<b>W</b>	<b>X</b>
Unwanted gift sale Unusual clothes Upcycling	Variety show Volleyball Valentine's day	Waxing World record Wine tasting	X marks the spot Xmas craft fair Xbox/gaming
<b>Y</b>	<b>Z</b>		
Yellow day Yes day Yoga marathon	Zumbathon Zipwire challenge Zany dress up day		

For more ideas, visit:  
[shinecharity.org.uk/getinvolved](http://shinecharity.org.uk/getinvolved)



For information, advice or support call us on 01733 555988 or follow us on Facebook and Twitter @ShineUKCharity  
 Registered charity: 249338 - Shine is not responsible for the organisation of this event, or the collection of the money

